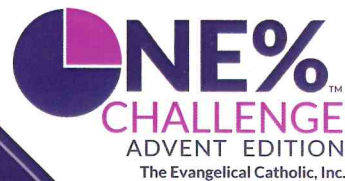


## 15 MINUTES A DAY WITH GOD'S WORD



### PREPARE

- Begin with the sign of the cross.
- Take a moment to be quiet and still.
- Ask the Holy Spirit to guide you in this prayer time.

### READ

- Read a Scripture selection slowly and attentively.
- Note any word, phrase, or image that catches your attention.
- Consider reading more than once, and/or out loud.

### REFLECT

- Think about the meaning of whatever caught your attention.
- Possibly imagine yourself in the scene.
- What is the Lord saying to you through this text?
- Are there any: promises to claim, commands to obey, examples to follow, errors to avoid, praises to sing...

### RESPOND

- Talk to God about the passage or anything else on your heart.
- Thank him for blessings received; Ask him for what you and others need.
- Note any changes or actions you are drawn to live out.

### REST

- Spend a few minutes in restful silence with him.
- "Be still and know that I am God." (Psalm 46:11)

### ADVENT PASSAGES

1. Baruch 5:1-9

*The Lord makes a way.*

2. Zephaniah 3:14-20

*A mighty savior will come.*

3. Jeremiah 33:14-16

*The promise will be fulfilled.*

4. Micah 5:1-3

*He shall come from Bethlehem.*

5. Isaiah 61:1-4

*He is anointed to bear glad tidings.*

6. Malachi 3:1-4

*He will refine them like gold.*

7. Psalm 130

*Wait for the Lord.*

8. Isaiah 11:1-10

*A shoot sprouts from Jesse's line.*

9. Isaiah 7:10-14

*A virgin shall bear a son.*

10. Isaiah 2:1-5

*All nations shall come in peace.*

11. Isaiah 35:1-10

*God comes with vindication.*

12. Isaiah 40:1-11

*The Lord will comfort his people.*

13. Luke 1:26-33

*The angel announces God's plan.*

14. Luke 1:34-38

*Mary says yes.*

15. Matthew 1:18-24

*The angel appears to Joseph.*

16. Luke 1:39-45

*Mary visits Elizabeth.*

17. Luke 1:46-56

*Mary rejoices in God her savior.*

18. Mark 1:1-8

*The forerunner is here.*

19. Luke 3:7-18

*A mightier one is coming.*

20. James 5:7-11

*Be patient until the Lord comes.*

21. Luke 12:35-40

*Stay alert and ready.*

22. Isaiah 9:1-6

*A great light has come.*

23. Romans 13:11-14

*Our salvation is nearer now.*

24. Luke 2:1-14

*The Savior is born!*

25. Luke 2:15-20

*Shepherds visit and Mary ponders.*

26. John 1:1-5, 9-14

*The Word became flesh.*

27. Hebrews 1:1-6

*God spoke through a Son.*

28. Titus 2:11-14

*The grace of God has appeared.*

29. Philippians 2:5-11

*Every knee shall bend.*

30. Luke 1:67-80

*Blessed be God!*

"Speak, Lord, your servant is listening." 1 SAM 3:10

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# 1% OF YOUR DAY 14 MINUTES AND 24 SECONDS

How you spend this Advent could change your life.

"God's word is  
unpredictable  
in its power."

POPE FRANCIS, EVANGELII GAUDIUM, 22

**ONE%**  
**CHALLENGE**  
ADVENT EDITION  
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