

**March 12, 2023**  
**3rd Sunday of Lent**

Bearing witness to Jesus Christ who is the Way, the Truth and the Life: **GO. MAKE. TEACH.**  
Our Core Values: a reliance on prayer, a willingness to grow, a generous spirit

"...For we ourselves have heard  
Him, and know that this is  
indeed the Savior of the world."  
~ John 4:42



## Group photo of men from SJB who participated in the Awaken Men's Retreat

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## Parish Staff

**PASTORAL MINISTRY** 651-633-8333  
 Fr. Paul Shovelain, Pastor ext. 1214  
 Fr. Joseph Nguyễn, Parochial Vicar ext. 1213  
 Deacon Rod Palmer VM 1298  
 Deacon Gary Schneider VM 1288  
 Deacon John Belian ext. 1239  
 Mary Kohlhaas, Pastoral Care Coordinator ext. 1229

**WORSHIP** 651-633-8333  
 Lee Trembl, Director of Worship ext. 1212  
 Lori Vosejka, Director of Contemporary Ensemble  
 lav247@msn.com  
 Abe Gross, Director of Ignite abrahamjohnngross@gmail.com  
 Margaret Harmon, Liturgical Admin. Assistant ext. 1279  
 Tucker Moore, Children's Choir Director ext. 1124

**OFFICE OF DISCIPLESHIP AND MISSION** 651-633-1540  
 Jessica Balzarini, Director of Parish Life ext. 1228  
 Jill Fink, Director of Catechesis ext. 1280  
 Jen Livermont, Coordinator of Discipleship for Families ext. 1234  
 Deacon Michael Lane, Coordinator of Sacraments ext. 1219  
 Jodie Wolla, Administrative Assistant ext. 1211  
 Claire Brostrom, Reach More Mission Coordinator ext. 1250

**YOUTH MINISTRY** 651-633-1540  
 Mikayla Anderson, High School Youth Minister ext. 1218  
 Sarah Wilder, Middle School Youth Minister ext. 1254

**SCHOOL & PRESCHOOL (PreK - 8)** 651-633-1522  
 Ann Laird, Principal ext. 1117  
 Joy Thienes, Administrative Assistant ext. 1118  
 Michelle Barsness, Marketing/Enrollment ext. 1114

**ADMINISTRATION** 651-633-8333  
 Mark Dittman, Director of Business Operations ext. 1215  
 Teri Shea, Office & Facilities Manager ext. 1237  
 Michelle Chock, Accountant ext. 1224  
 Maureen Owusu, Parish Bookkeeper ext. 1255  
 Rita Arndorfer, Volunteer Coordinator ext. 1220  
 Mary May, Development Associate ext. 1253  
 Patrick Hinnenkamp, Director of Maintenance ext. 1203  
 Melissa Berg, Hospitality Coordinator ext. 1227  
 Joseph Huebl, Communications Coordinator ext. 1217  
 Micki Hall, Receptionist/Executive Assistant ext. 1210

### PARISH CENTER HOURS

Monday	8:00 AM - 8:00 PM
Tuesday	8:00 AM - 8:00 PM
Wednesday	8:00 AM - 8:00 PM
Thursday	8:00 AM - 8:00 PM
Friday	8:00 AM - 7:00 PM
Saturday	9:00 AM - 5:30 PM
Sunday	8:00 AM - 5:30 PM

### PARISH LIBRARY HOURS

Sat. 5:30 PM; Sun. 9:30 AM & 11:30 AM

**Church Nursery:** We offer year-round nursery during both the 8:30 am and 10:30 am Sunday Masses for children ages 1-3. Children play with caring staff while you are able to fully participate in Mass.

### Stay Connected:

LIKE OR FOLLOW US on FACEBOOK

<https://www.facebook.com/SJBNewBrighton/>

Follow us on Instagram: @stjohnnyb\_church

Subscribe to our YouTube Channel <https://bit.ly/3n9WnGQ>

EMAIL: [sjb@stjohnnyb.org](mailto:sjb@stjohnnyb.org)

Visit our website: [www.stjohnnb.com](http://www.stjohnnb.com)

Archdiocese's Victim/Survivor Assistance Program

651-291-4497 24 hours a day, 7 days a week

## Schedule of Events

### Monday, March 13, 2023

8:00 AM Rosary ~ Church  
 8:00 AM Confessions ~ Confessionals  
 8:30 AM Mass (The Stampfle family) Church ~ Fr. Joseph  
 9:00 AM Divine Mercy Chaplet ~ Church  
 3:00 PM Called Forth Devotion ~ Facebook

### Tuesday, March 14, 2023

8:00 AM Rosary ~ Church  
 8:00 AM Confessions ~ Confessionals  
 8:30 AM Mass (Walter and Florine Hoschette+) Church ~ Fr. Joseph  
 9:30 AM Alive in the Word ~ 210  
 9:30 AM Kidz Closet ~ 203  
 1:00 PM Quilters Ministry ~ 203  
 3:00 PM Called Forth Devotion ~ Facebook

### Wednesday, March 15, 2023

8:00 AM Confessions ~ Confessionals  
 8:30 AM Mass (Jim Witkowski+) Church ~ Fr. Joseph  
 9:00 AM Blood Pressure Checks ~ St. Therese  
 9:30 AM Faithfully Fit ~ 208  
 9:30 AM Sister Clarinda's Winter Scripture Study ~ 206/208  
 3:00 PM Called Forth Devotion ~ Facebook  
 5:00 PM Confessions ~ Confessionals  
 5:30 PM Mass (Joe Modesette+ and Richard Brennan) Church ~ Fr. Joseph  
 6:30 PM Knights of Columbus Meeting ~ 211  
 7:00 PM Choir Rehearsal ~ LL 101  
 7:00 PM Contemporary Group Rehearsal ~ Church

### Thursday, March 16, 2023

6:30 AM Men's Fellowship ~ St. Joseph Hall  
 8:00 AM Rosary ~ Church  
 8:00 AM Confessions ~ Confessionals  
 8:30 AM Mass (Stephan Bucko+) Church ~ Fr. Jaspers  
 3:00 PM Called Forth Devotion ~ Facebook  
 7:00 PM RCIA Class ~ 206

### Friday, March 17, 2023

8:00 AM Rosary ~ Church  
 8:00 AM Confessions ~ Confessionals  
 8:30 AM Mass (Jim Witkowski+ and Joan Winkels+) Church ~ Fr. Joseph  
 9:30 AM Legion of Mary ~ 204  
 3:00 PM Called Forth Devotion ~ Facebook  
 5:30 PM Mass (Jeannene + and William Otto+) Church ~ Fr. Joseph  
 6:00 PM Soup Supper ~ St. Joseph Hall  
 7:00 PM Stations of the Cross ~ Church

### Saturday, March 18, 2023

**SVDP Food Drive Weekend**  
 9:00 AM GIFT Faith Study ~ 210  
 9:30 AM Mass ~ Church ~ Fr. Paul  
 3:00 PM Called Forth Devotion ~ Facebook  
 3:15 PM Confessions ~ Confessionals  
 4:30 PM Vigil Mass (Sister Antonelle+ and John Lundak+) Church ~ Fr. Joseph

### Sunday, March 19, 2023

**SVDP Food Drive Weekend**  
 8:30 AM Mass with RCIA Second Scrutiny (Jim Verbrugge+ and Jim Witkowski+) Church ~ Fr. Joseph  
 8:30 AM Sunday School ~ School Classrooms  
 9:30 AM Cana Marriage Minute ~ 211  
 10:30 AM Mass (Pro Populo) Church ~ Fr. Paul  
 10:30 AM Sunday Nursery ~ Nursery  
 10:30 AM Sunday School ~ School Classrooms  
 12:00 PM Baptisms ~ Church  
 4:00 PM Take and Eat Young Adult Gathering ~ St. Joseph Hall  
 5:00 PM Confessions ~ Confessionals  
 5:30 PM Mass (Mary Lee Berg+) Church ~ Fr. Paul  
 6:45 PM Confirmation Preparation ~ St. Joseph Hall





## *From Parochial Vicar: Father Joseph Nguyễn*

### ***“You will be my Witnesses”: Gathered and Sent from the Upper Room Section III***

As our Archdiocese continues with the Synod process to revitalize our local church, we turn to Sacred Scripture to give us a foundation on how to go about this work. Archbishop Hebda’s Pastoral Letter looks to the Upper Room, also called the Cenacle, where three important events in the foundation of the Church occurred. Namely, the Washing of Feet, the Institution of the Eucharist, and Pentecost.

The Washing of Feet is one of Jesus’s most humbling acts. In that act, He made Himself the servant of His disciples, although He is their teacher. In that one act Jesus shows the love God has for humanity as He humbles Himself and serves them. The washing of the feet signifies healing, being cleaned, and made new. For us as His disciples, this shows that God is willing to enter into the messiness of our humanity, to love and to raise it up. Like Peter, we must allow ourselves to be loved and made new by divine love. God wants to heal us of any brokenness we have, and He does it by building up a bond of love with us.

When He finishes washing His disciples’ feet, Jesus says, “If I, therefore, the master and teacher, have washed your feet, you ought to wash one another’s feet. I have given you a model to follow, so that as I have done for you, you should also do” (John 13:14-15). We follow that command of Christ by serving and loving our neighbor as Jesus did for us. There is a lot of need in the world, but the greatest need that anybody has is for love. We as Christians are the ones who can bring that divine love to those who hunger for it.

One of the greatest places we can practice the Washing of Feet is in the family, what we often call the domestic Church. The family is where we first encounter love, in the tenderness of a mother and the strength of a father. The family is where the cleansing act of foot washing occurs, especially for the youth, “clothing the naked, feeding the hungry, giving drink to the thirsty, sheltering the homeless, visiting the sick, instructing the ignorant, counseling the doubtful, admonishing the sinner, bearing wrongs patiently, forgiving offenses, comforting the sorrowful, and praying for the living and the dead.” Those who are close to us are ones we are called to love, and as they experience that divine love through us, they can begin to see in themselves God’s love for them and His willingness to humble Himself for them. From that foundation of love they are then Called Forth to love as Jesus did for them.

As we continue with our Synod process, we remember the love Jesus shows us by humbling Himself in the Upper Room. Jesus washed the feet of His disciples, loving them and cleansing them, we receive that love and imitate it by washing the feet of those who are close to us. Our Lord began the tradition 2000 years ago in the Upper Room with His disciples, His disciples washed the feet of their disciples, passing the tradition throughout the years to us today. Now it is our turn to have our feet washed by Jesus so that we can be filled with divine love and share it with those close to us.

In Christ,

*Father Joseph*

*(On the cover: Group photo from last weekend’s Men’s Retreat)*

## Upcoming Events

### Men's Fellowship

Thursday Mornings 6:30—8:00 am  
Now – March 16, 2023

*The Creed – Bishop Robert Barron DVD Series*

Come for the donuts, stay for the truth!  
Questions, call Dave at 612-616-4013

### Marriage Minute Series

The March Marriage Minute Series will give you tools to improve communication with your spouse. Bradley Barker, a licensed Professional Clinical Counselor, will help couples effectively navigate through conflict, remaining united versus divided.

Join us for one or both talks with your spouse. Limited childcare is available.

March 19, 2023  
9:30 am—10:30 am  
Room 211

Register on the Parish Website (stjohnnb.com)



### Widows & Widowers

Next meeting is Monday, March 13 at 11:30 am at Perkins on County Road D.

### Intercessory Prayer Ministry

We often need prayer for family, faith, health, work, relationships, and other challenges in life. St. John the Baptist's **Intercessory Prayer Ministry (IPM)** teams provide monthly individual prayer ministry one weekend a month after the scheduled Mass times below.

Our next **Intercessory Prayer Ministry** will be:

**Saturday, March 18** after the 4:30 pm Mass  
**Sunday, March 19** after the 10:30 am Mass.

*"Therefore . . . pray for one another that you may be healed. The fervent prayer of a righteous person is very powerful."*  
~James 5:16,17



### Council of Catholic Women

The Council of Catholic Women (CCW) will start spring meetings on Monday, March 20 at 6:30 pm in St. Joseph Hall. New members are always welcome.

For any questions, please call Lu at 651-633-0715.

### Alive in the WORD

#### "Easter"

4 Lessons with Sister Clarinda

Class Schedule 2023 | Room 210

9:30 am

Session 1	April 11
Session 2	April 18
Session 3	April 25
Session 4	May 2
Session 5 if needed	May 9

Register with the QR code or on our website (stjohnnb.com).



## Formation-April Mary & the Saints: Extended Family for the Journey Parent Program

Deacon Gary Schneider will lead parents in discussing how we have a heavenly family that supports and encourages us.



**Wednesday, April 12**  
**Dinner at 5:30 pm (optional)**  
**6:00 pm - 7:30 pm Program**  
**In St. Joseph Hall**



Grades preK-5



Grades 6, 7, 8



## Upcoming Events

### Totus Tuus

Totus Tuus is a Catholic summer youth program dedicated to proclaiming the Gospel and sharing the Catholic faith through evangelization, catechesis, Christian witness, and Eucharistic worship taught by college students. The program is split into the grade school day program and the middle school/high school evening program.



The Totus Tuus Grade School Day Program is for students entering grades 1-5 in the fall and is \$50. The program runs **Monday, July 24 through Friday, July 28, 2023** from 9:00 am - 2:30 pm and includes songs, skits, games, prayer, small groups, Mass, recess and large group presentations. We will end the week with a human sundae and water fun! Register with the QR code or on our parish website (stjohnnb.com).



The evening program is for students entering grades 6-12 in the fall and is \$25. The program runs **Sunday, July 23 through Thursday, July 27, 2023** from 7:00 pm - 9:15 pm and includes large group presentations, small group discussions, games, and night prayer. Students need to register whether they attend one day or the full week. Register with the QR code or on our parish website (stjohnnb.com).



### Faithfully Fit

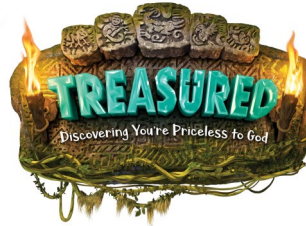
Come join us for Faithfully Fit, being held on Wednesdays at 9:30 am in Room 210. You are welcome to join us any Wednesday.

### Lent Communal Reconciliation

Sunday, April 2 from 3:30 pm to 5:00 pm

Twelve priests will be available to hear private Confessions and give absolution.

### Vacation Bible School



Join us **Tuesday, June 20, 2023—Thursday, June 22, 2023** from 9:00 am – noon for Treasured Child of God VBS! Vacation Bible School is for students age 3 (and potty trained) through children entering 1<sup>st</sup> grade. We will read stories, make crafts, pray,

play, have snack and playground time. VBS is a fun way to experience Christ's teachings through hands-on play with friends from school and church. We will meet in the basement preschool rooms. On our last day we will end with a big, water extravaganza! Register with the QR code or on our parish website (stjohnnb.com).



The cost is \$30. If you have any questions please email Jen Livermont at [livermontj@stjohnnyb.org](mailto:livermontj@stjohnnyb.org).

### SJB Parish Library News

What do St. Patrick of Ireland, Archbishop John Ireland (founder of the St. Paul Cathedral) and Archbishop Fulton Sheen (famous for his TV talks on matters of faith) have in common? They are all famous Irish leaders in the Catholic Church. Check out books and DVDs on these people. Learn more about how their Irish roots and faith impacted their incredible lives in our Catholic Church and in the world. Also, come and see the DVDs, Books, and CDs to enrich your Lenten Journey.

The SJB Parish Library is open after the Saturday evening and Sunday morning Masses and is located up the ramp across from the Archives display. The Library is also open the 1st and 3rd Tuesdays 1:00 pm—3:30 pm during Library Committee Meetings. The next Library Committee meeting is March 21, 2023.

### Quilters Ministry

SJB Quilters will meet the 2nd and 4th Tuesdays of the month from 1 - 3 pm in Room 203. Our group only ties quilts during our meetings and many hands would make short work! **New members are always welcome.**

For more information, please contact Helen at 763-786-1512 or Ann Sellner at 651-484-5598. If you would like a prayer quilt, please contact Mary Kohlhaas at 651-633-8333, ext. 1229.



## Youth Ministry



Thank you to all those who have already donated to Youth 365! We are grateful for your generosity and support of many youth programs here at SJB. You are still able to give to Youth 365 either online or the display in the plaza. Your donations do make a difference in the lives of our youth!

"Through SJB youth ministry, I have learned more about the faith and how to grow my relationship with Jesus; not just at camps, or retreats, but at personal prayer time at home."  
- 10th grade student

### Youth 365

ATTENTION ALL HIGH SCHOOLERS

# MISSION TRIP

Huntingburg, IN

**July 8-15, 2023**

Contact Mikayla Anderson, High School Youth Minister for details!  
andersonm@stjohnnyb.org  
651-633-8333 x 1218

**St John Baptist**  
CATHOLIC CHURCH & SCHOOL



Join us for a week of service, prayer, and community! We will have daily Mass, Adoration, Confession, attend a minor league baseball game, and make so many memories!

# Refuge

STEUBENVILLE YOUTH Conference

University of St. Thomas, St. Paul, MN

**July 28-30, 2023**

**OPEN TO CURRENT 8th- 12th GRADE**

Powerful Talks,  
Long Adoration,  
Life Changing Testimonies  
a Weekend of Community  
& FUN

Contact Mikayla Anderson, High School Youth Minister for more information! andersonm@stjohnnyb.org, 651-633-8333 x 1218

**St John Baptist**  
CATHOLIC CHURCH & SCHOOL



# HIGH SCHOOL YOUTH GROUP



**Wednesday, March 22**  
**8:00 pm—9:30 pm**  
**Youth Room**



**REGISTER NOW**

# CATHOLIC YOUTH SUMMER CAMP

With St. John the Baptist Parish and School

**JUNE 25 - 30**

**St John Baptist**  
CATHOLIC CHURCH & SCHOOL

## Generous Spirit

### Easter Decoration Memorials

If you would like to remember someone who has died or honor someone special, we invite you to make a donation in their name(s) to the Easter Plant, Wreath & Tree Fund. Please complete this form or use the envelope included in your packet and send it with \$20 (suggested amount) to the Parish Center, or drop it in the Sunday collection.

#### **PLEASE PRINT CLEARLY!**

**In Memory of / In Honor of:**

**From:**

**Amount Enclosed: \$** \_\_\_\_\_ **ck #** \_\_\_\_\_

**Envelope #:** \_\_\_\_\_

### Medical Leftovers?

Do you have any medical leftovers after someone no longer has need of them? It is useful and you don't want to toss it, but you don't need it or want to store it? Bring it in to the Pastoral Ministry Office. We will collect and send it down to Rochester to the Rochester Medical Mission who sorts, packs and sends it on to Haiti. So, this means that ANYTHING can be useful. Even if it is opened, they can use it up.

If in doubt, give Mary a call at 763-242-4229. In the past, our parish has sent four carloads of goods to Rochester for Haiti. Another carload went to Haiti by way of someone traveling there as well. Another carload went to the Ukraine with a family who still had family members there in need. Know that you are helping others around the world so much, and thank you for passing on the goods they need.

### The SJB Kidz Closet

In recent weeks, needs for the SJB Kidz Closet have significantly increased. We would greatly appreciate specific donations of the following new items:

- † Diapers—sizes 3, 4, 5, and 6
- † Pull-ups size 3T/4T and 4T/5T
- † Packages of wipes.

## Odds and Ends

### St. Patrick's Day is a Friday in Lent

Penitential practices, particularly on Fridays in Lent, are important opportunities for us to willingly suffer with our Lord, in the hope we may one day be glorified with Him. That said, Archbishop Hebda, acknowledging the significance of Saint Patrick and the Irish immigrants indebted to him in the history of our Archdiocese, has granted a dispensation from the abstinence of meat on March 17.



However, all who choose to enjoy the favor of the dispensation by partaking in the eating of meat on the Memorial of Saint Patrick this year, are exhorted to undertake a work of charity, an exercise of piety, or an act of comparable penance on some other occasion during the Third Week of Lent.

### Catholic Sisters Week March 8-14, 2023

This week marks the celebration of Catholic Sisters Week. It is a special time to honor Sr. Clarinda, Sr. Rose and all religious Catholic women. Please keep them in your prayers, and if you see them this week, thank them for their tireless effort and countless sacrifices. You are also invited to pray for sisters who are now deceased who so faithfully served us in Catholic schools, hospitals, and other ministries. God bless our Catholic sisters!

#### During Catholic Sisters Week...

We ask God to bless and strengthen sisters as they provide care, comfort, and hope to those who are suffering. May their unwavering faith and selfless devotion bring peace and healing to all who seek it.

Catholic Sisters Week  
March 8-14, 2023



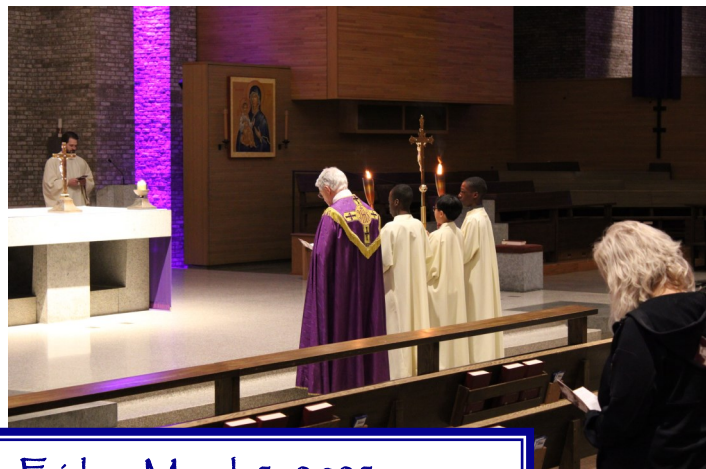
*"When you communicate,  
desire all the love that any  
soul has ever had for Me, and I  
will accept your love in pro-  
portion to the fervor with  
which you wished for it."*

A message from Jesus to  
Saint Matilda of Saxony  
(Feast Day March 14)





## Parish Life



Stations of the Cross on Friday, March 3, 2023



Men's Awaken Retreat Last Weekend



Chapel of Angels Renovation Update





## Respect Life

### St. John's Respect Life Committee

We are a group of men and women who have been faithfully meeting for over 40 years at St. John's. In a society that glorifies violence, we reject its solutions to problem pregnancies and terminal illness. In a humane, civilized society, we believe that caring for and helping expectant mothers is a non-violent option to abortion, as hospice is a caring option to euthanasia.

We meet every fourth Tuesday of the month at 6:30 pm in Room 211, so our next meeting is on March 28. Please come and join us!

Members of our committee attended the United for Life event at the State Capital last Tuesday (see below).



### Children as Commodities

*Read the full version at  
[respectlife.org/children-commodities](http://respectlife.org/children-commodities).*

At seventeen, Natalie\* discovered that her parents had contracted with another woman to become pregnant using her father's sperm and the woman's own egg. Natalie became estranged from her parents, hurt that money, rather than the physical expression of married love, was the context in which she was brought into the world. Since the advent of IVF (in vitro fertilization), the floodgates have been opened to bringing about reproduction through egg and sperm donation and surrogate pregnancies. Yet these technologies are fraught with medical, legal, and moral complications. Children deserve to not be created as a product of reproductive technology, but to be given by God, and to be born through married love.

\*Name changed for privacy. This is a summary of a USCCB Respect Life Program article by the same name and is reprinted with permission. © 2019, USCCB, Washington, D.C. All rights reserved.

## Please Pray For...

### Those who have entered eternal life:

Olga Pietruszewski

### Those who are ill:

Sadlovsky Family, Sheehan Family, Cameron Santos, Patricia Roy, Dave Willette, Madi Rippy, Sydney Jo Rippy, Jesse McDonough, Daryl Stevens, Richard Adams, Geraldine and Gloria Hangartner, Sarah Miller, Emily Dahl, Theresa People, Josephine Schmidt, Erik Engebretson, Chris Natheos, Randy Vogland, Don Lumby, Alex Pearson, Thomas Jones, Jean Isacson, Fulton Francis Dobbs, Susan Welsh, Robert Cuddigan, Jenny Bruening, Annette Foreman, Mary Clare Farrell, Sawyer Anderson, Betsy Brown, Dee Olson, Jim Smith, Jerry Renk, Dale Phillips, Dennis Fox, Kathleen Schopf, Steve Lauinger, Charlotte Thrun, Poppy Craft, Annette Kirwan, Bonnie Norgren, Emma Lutsilili, Beverly Aplikowski, Mary Gormally, Georgianna Warden, Mary Spitzka, Michael Ferdelman, Cassie Cramer, Jon Clark, Donna Yenish, John Leibrich, Nella Pitzen, Doug Brekke, Philip Jarosz, Kay and Gary Mayer, Elaine Loscheider, Diana Goebel, Cindy Chase, Charles Heath, Danielle Pratt, Claire Kriz, Carol Esterley-Ruff, Joe Brownrigg, Brigit Voss, Brandon Boss, Cynthia Quass, Ning Mariano, The Viker Family, Robert Lauinger, Phyllis Norbeck, Jennifer Norbeck, Joseph Wutsch, John Wiggins, Mary Jo Beaudry, Greg Najbert, Colleen Judd, Jacob Rivera, Jaxson Rivera, Cele Winter, Paul Jacobs, Matthew Grosjean, Jeremy Mainello, Deacon Rod and Susan Amos Palmer, Dottie Searles, Sylvia Meagher, Mary Andersohn, Kris Mellstrom, Kay Hildreth, Stacey Miller, Mary Erickson, Larry Wasik, Steve Johnson, Audrey Geneva, Tim Steffl, Braxton Battaglia, Helen Heinks, JoAnn Cedarholm, Tom Goebel, Engracia and Jim Houle, Jon Latham, Marlene Nickel, Christa Jones, Sue Klinkner, Neil Lubke, Sharon Bowen, Larry Tenold

**Prayer Line** 651-633-1618/651-247-4202 Call with your prayer requests. Requests are confidential.

**Birthingright** Caring help for pregnant women.  
(651) 646-7033 Saint Paul, (763) 757-0715 Coon Rapids

### Readings For The Week

**Monday:** 2 Kgs 5:1-15ab; Ps 42:2, 3; 43:3, 4;  
Lk 4:24-30

**Tuesday:** Dn 3:25, 34-43; Ps 25:4-5ab, 6, 7bc, 8-9;  
Mt 18:21-35

**Wednesday:** Dt 4:1, 5-9; Ps 147:12-13, 15-16, 19-20;  
Mt 5:17-19

**Thursday:** Jer 7:23-28; Ps 95:1-2, 6-9; Lk 11:14-23

**Friday:** Hos 14:2-10; Ps 81:6c-11ab, 14, 17;  
Mk 12:28-34

**Saturday:** Hos 6:1-6; Ps 51:3-4, 18-19, 20-21ab;  
Lk 18:9-14

**Sunday:** 1 Sm 16:1b, 6-7, 10-13a; Ps 23:1-6;  
Eph 5:8-14; Jn 9:1-41[1, 6-9, 13-17, 34-38]



### Join us for the Philomena House Banquet

Philomena House offers housing and support for homeless pregnant women and their babies, laying the foundation for a life well-lived so that our guests can grow happier, healthier, and safer – together.

Keynote speaker *Mary Ann Kuharski*



Keynote speaker Mary Ann Kuharski is President and a founding member of ProLife Across America, the "BillboardPeople."

CHURCH OF ST. PETER  
1405 Sibley Memorial Hwy  
Mendota Heights, MN

THURSDAY, APRIL 13, 2023  
dinner served at seven  
after social hour at six

Call (763) 344-3339 to RSVP by March 30  
Tickets are \$40 per person



### The Living Stations of the Cross

The youth of Church of Saint Paul are preparing The Living Stations of the Cross, a reenactment of Jesus' death and resurrection with inspirational live music, prayer, and testimonies for people to experience first-hand how much Jesus sacrificed for each of us.

**Thursday, March 23 - 7:00 pm**  
Church of Saint Paul in Ham Lake  
No cost to attend  
free-will offerings accepted.

Interested in going?  
Contact Mary in the Pastoral Ministry Office.  
763.242.4229 c/651.633.8333 x1229  
or kohlhaasm@stjohnnyb.org

### Our Fascinating Faith

#### The Three Lenten Disciplines: Prayer

Fasting, almsgiving, and prayer are not specifically Christian practices. Jewish piety, from which the primitive church developed, already included these three spiritual exercises. The Muslims also include these three in the five pillars of their Islamic faith. But it is Jesus himself who invites us to practice these three pillars of conversion. He reminds us that they are not done to "show off" that we are holier than everyone else. On the contrary, fasting, charitable works, and praying are done with humility (Matthew 6:1–6; 16–21). It is challenging, but we are not discouraged because the Holy Spirit comes to our aid.

The Lenten discipline of prayer can be thought of in two ways. For Christians, to pray in the first way is to speak like children to God, who loves us as mother, father, sibling, and friend. When speaking to God, we tell God what we have inside us, trusting that our words are the ones that most please God. The second approach to prayer means proclaiming with confidence our fears, problems, joys, and yearnings to God, knowing that God loves and hears us. Praying either way means spending time with God, at times talking, at times silent, but always with the assurance that we are loved.

—Friar Gilberto Cavazos-González, OFM  
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PRAYER



FASTING



ALMSGIVING

### Mass of Consecration to the Life of Virginity

**Saturday, March 25, 11:00 am,**  
Basilica of Saint Mary, Minneapolis

All are invited to join Archbishop Bernard A. Hebda as he presides over The Mass of Solemn Consecration of four women to the life of Consecrated Virginity Lived in the World. Prior to the 11:00 am. Mass, the Serra Club will lead a Rosary for an increase in vocations in our Archdiocese. Parking and map can be found at [mary.org](http://mary.org).

### Episcopal Ordination of Bishop-elect Michael Izen

**Tuesday, April 11, Cathedral of Saint Paul, Saint Paul**

On January 5, 2023, Pope Francis named Father Michael John Izen, a priest of the Archdiocese of Saint Paul and Minneapolis, as an auxiliary bishop of the Archdiocese of Saint Paul and Minneapolis. Save the date for his Episcopal Ordination. Learn more about Bishop-elect Izen by scanning the QR code and keep updated at [thecatholicspirit.com](http://thecatholicspirit.com).





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