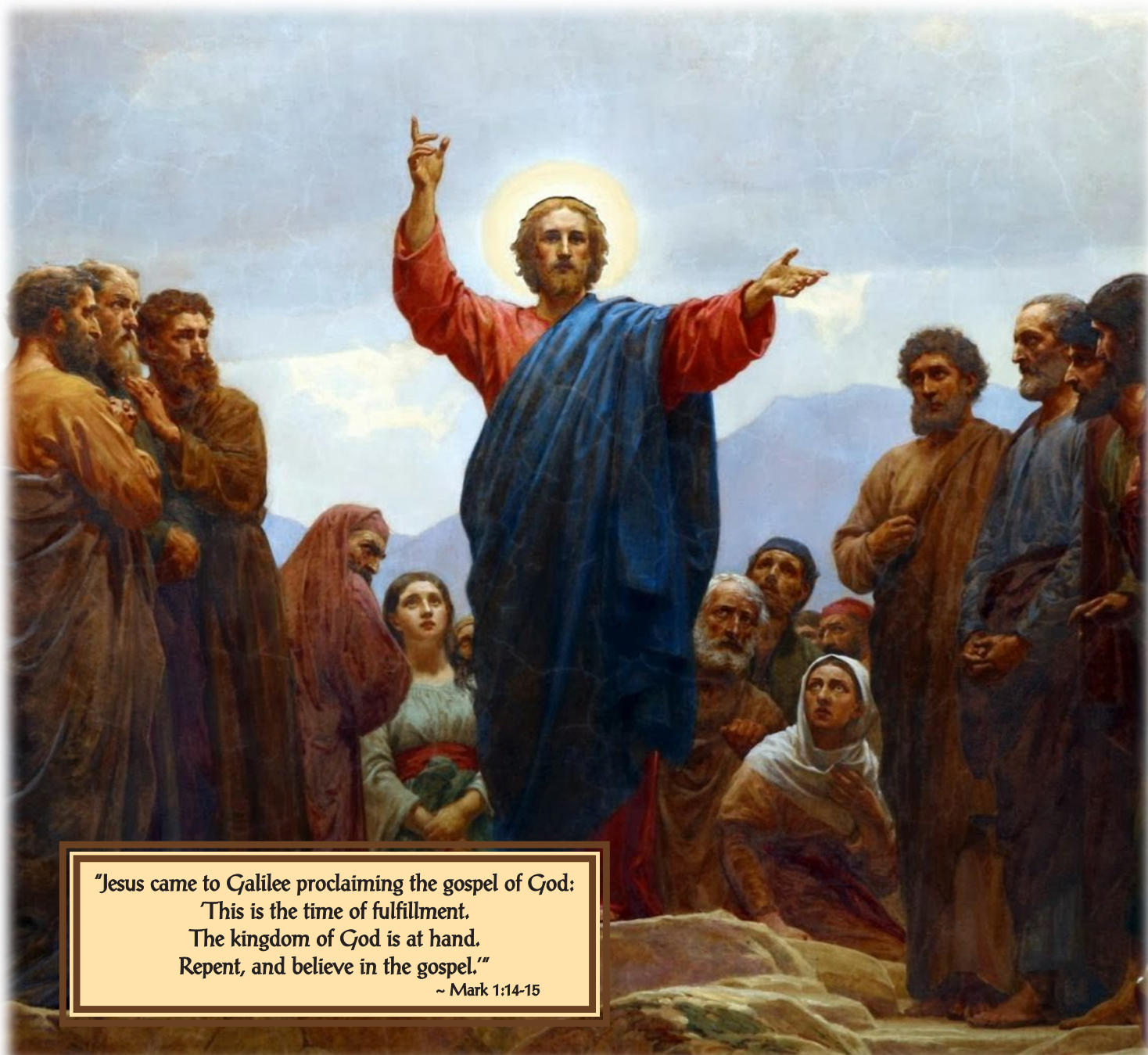


February 18, 2024
1st Sunday of Lent

Bearing witness to Jesus Christ who is the Way, the Truth and the Life: **GO. MAKE. TEACH.**
Our Core Values: a reliance on prayer, a willingness to grow, a generous spirit



"Jesus came to Galilee proclaiming the gospel of God:
This is the time of fulfillment.
The kingdom of God is at hand.
Repent, and believe in the gospel."

~ Mark 1:14-15

In the Bulletin:

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Parish Staff

PASTORAL MINISTRY 651-633-8333
 Fr. Paul Shovelain, Pastor ext. 1214
 Fr. Joseph Nguyễn, Parochial Vicar ext. 1213
 Deacon Rod Palmer VM 1298
 Deacon Gary Schneider VM 1288
 Mary Kohlhaas, Pastoral Care Coordinator ext. 1229

WORSHIP 651-633-8333
 Lee Trembl, Director of Worship ext. 1212
 Margaret Harmon, Liturgical Admin. Assistant ext. 1279
 Lori Vosejka, Director of Contemporary Ensemble lav247@msn.com
 Abe Gross, Director of Ignite abrahamjohnngross@gmail.com

OFFICE OF DISCIPLESHIP AND MISSION 651-633-1540
 Jill Fink, Director of Discipleship ext. 1280
 Jim Martin, Director of Community Life ext. 1228
 Jen Livermont, Coordinator of Discipleship for Families ext. 1234

Deacon Michael Lane, Coordinator of Sacraments ext. 1219
 Claire Brostrom, Coordinator of Evangelization ext. 1250
 Jodie Wolla, Administrative Assistant ext. 1211
 Chantell Durkes, Administrative Assistant ext. 1211

YOUTH MINISTRY 651-633-1540
 Sarah Wilder, Middle School Youth Minister ext. 1254

SCHOOL & PRESCHOOL (PreK - 8) 651-633-1522
 Ann Laird, Principal ext. 1117
 Joy Thienes, Administrative Assistant ext. 1118
 Michelle Barsness, Marketing/Enrollment ext. 1114

ADMINISTRATION 651-633-8333
 Mark Dittman, Director of Business Operations ext. 1215
 Patrick Hinnenkamp, Director of Maintenance ext. 1203
 Mary May, Director of Development ext. 1253
 Teri Shea, Office & Facilities Manager ext. 1237
 Michelle Chock, Accountant ext. 1224
 Rita Arndorfer, Volunteer Coordinator ext. 1220
 Melissa Berg, Hospitality Coordinator ext. 1227
 Joseph Huebl, Communications Coordinator ext. 1217
 Trina Brinda, Parish Bookkeeper ext. 1255
 Claudia Ciesynski, Receptionist ext. 1210

PARISH CENTER HOURS

Monday	8:00 AM - 8:00 PM
Tuesday	8:00 AM - 8:00 PM
Wednesday	8:00 AM - 8:00 PM
Thursday	8:00 AM - 8:00 PM
Friday	8:00 AM - 7:00 PM
Saturday	9:00 AM - 5:30 PM
Sunday	8:00 AM - 5:30 PM

Church Nursery: We offer year-round nursery during both the 8:30 am and 10:30 am Sunday Masses for children ages 1-3. Children play with caring staff while you are able to fully participate in Mass.

St. John's Library Hours: Open after every weekend Mass

Stay Connected:

LIKE OR FOLLOW US on FACEBOOK

<https://www.facebook.com/SJBNewBrighton/>

Follow us on Instagram: @stjohnnyb_church

Subscribe to our YouTube Channel <https://bit.ly/3n9WnGQ>

EMAIL: sjb@stjohnnyb.org

Visit our website: www.stjohnnb.com

Archdiocese's Victim/Survivor Assistance Program

651-291-4497 24 hours a day, 7 days a week

Schedule of Events

Monday, February 19, 2024

8:00 AM Confessions ~ Confessionals
 8:00 AM Rosary ~ Chapel of the Angels
 8:30 AM Mass (Julie Hammer+) ~ Fr. Paul
 9:00 AM Divine Mercy Chaplet ~ Church
 2:00 PM Council of Catholic Women Meeting ~ St. Joseph Hall
 3:00 PM Gather to Witness Devotion ~ Facebook
 6:00 PM Handbell Choir Rehearsal ~ LL 101

Tuesday, February 20, 2024

8:00 AM Confessions ~ Confessionals
 8:00 AM Rosary ~ Chapel of the Angels
 8:30 AM Mass (Thomas and Donna+ Richardson) Church ~ Fr. Paul
 9:00 AM Kidz Closet ~ 203
 9:30 AM Alive in the World ~ 210
 2:30 PM Middle School D-Groups ~ LL 106
 3:00 PM Gather to Witness Devotion ~ Facebook
 5:30 PM PLC Meetings ~ St. Joseph Hall

Wednesday, February 21, 2024

8:00 AM Rosary ~ Chapel of the Angels
 8:00 AM Confessions ~ Confessionals
 8:30 AM Mass (Trung Vu and Vu Nguyen) Church ~ Fr. Joseph
 9:00 AM Blood Pressure Checks ~ St. Therese
 9:30 AM Faithfully Fit ~ 210
 9:30 AM Winter Scripture Study ~ 206/208
 3:00 PM Gather to Witness Devotion ~ Facebook
 5:00 PM Confessions ~ Confessionals
 5:30 PM Mass (Joseph Modesette+ and Richard Brennen+) Church ~ Fr. Paul
 6:00 PM Middle School Faith Formation ~ LL 106
 6:30 PM Parent Program Core Team Meeting ~ 204
 7:00 PM Knights of Columbus Meeting ~ 211
 8:00 PM Devoted ~ St. Joseph Hall
 8:00 PM High School D-Groups ~ LL 106

Thursday, February 22, 2024

6:30 AM Men's Fellowship ~ St. Joseph Hall
 8:00 AM Rosary ~ Chapel of the Angels
 8:00 AM Confessions ~ Confessionals
 8:30 AM Mass (Patricia Kauffman+) Church ~ Fr. Paul
 2:00 PM Young at Heart ~ 210
 3:00 PM Gather to Witness Devotion ~ Facebook
 7:00 PM OCIA Class ~ 206/208

Friday, February 23, 2024

8:00 AM Rosary ~ Chapel of the Angels
 8:00 AM Confessions ~ Confessionals
 8:30 AM Mass ~ Church ~ Fr. Paul
 9:30 AM Legion of Mary ~ 211
 3:00 PM Gather to Witness Devotion ~ Facebook
 5:30 PM Mass (Steve Lauinger) Chapel of the Angels ~ Fr. Paul
 6:00 PM Soup Supper ~ St. Joseph Hall
 7:00 PM Stations of the Cross ~ Church
 7:00 PM Middle School Youth Group ~ LL 106

Saturday, February 24, 2024

9:30 AM Mass ~ Chapel of the Angels ~ Fr. Paul
 3:00 PM Gather to Witness Devotion ~ Facebook
 3:15 PM Confessions ~ Confessionals
 4:30 PM Vigil Mass (Mary Anne Marshik) Church ~ Fr. Paul
 5:30 PM Hospitality ~ St. Joseph Hall
 5:30 PM Flannel and Frost ~ Rectory

Sunday, February 25, 2024

8:30 AM Mass with RCIA Penitential Rite (John & Katherine Macnowski+) Church ~ Fr. Paul
 8:30 AM Sunday Nursery ~ Nursery
 8:30 AM Sunday School ~ School Classrooms
 9:00 AM K of C Waffle Breakfast ~ St. Joseph Hall
 10:30 AM Mass (Jim Vergrugge+) Church ~ Fr. Paul
 10:30 AM Sunday Nursery ~ Nursery
 10:30 AM Sunday School ~ School Classrooms
 3:00 PM Gather to Witness Devotion ~ Facebook
 4:00 PM Young Adult Men's Bible Study ~ 211
 5:00 PM Confessions ~ Confessionals
 5:30 PM Mass (Pro Populo) ~ Fr. Paul
 6:30 PM Confirmation Preparation ~ LL 106



Don't Do Lent Alone

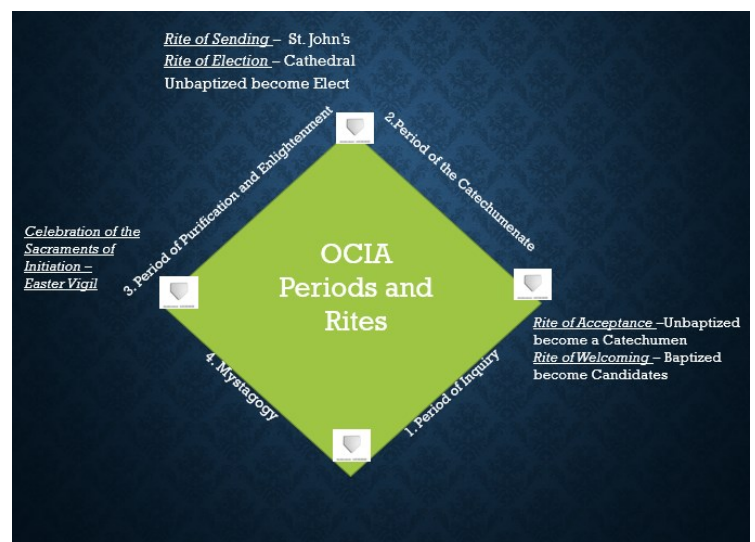
"The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to him." Mark 1:12-13

Lent already? If you are asking this question, it is indeed with merit. We were just getting our valentines sent and now we are donning the purple and entering this season of prayer, fasting, and almsgiving. In our Becoming Catholic OCIA (Order of Christian Initiation of Adults), the earlier Lent has meant condensing of lessons with our candidates to get them to this third leg of the OCIA process. We are currently entering Lent or the **Period of Purification and Enlightenment**. After careful instruction, discernment, and sponsor involvement, our candidates are now ready to spend these forty days diving into deeper reflection and meditation, drawing closer to Christ through the power of the Holy Spirit. The Church opens Her storehouse of many graces and blessings as we present to them the different Rites and Presentations that will unfold in the next several weeks rotating at our different Sunday Mass times. The Penitential Rite for the baptized preparing them for their first confession and the series of Scrutiny's for the unbaptized Elect preparing for baptism, have the purpose of a beautiful dance of letting the Holy Spirit come into their souls **"to uncover, then heal** all that is weak, defective, or sinful... and **to bring out, then strengthen** all that is upright, strong and good". 141 RITE for OCIA. The humility involved in this work is something that all of us can enter into. Each year it strikes me that this is no light invitation for the weak of heart, but a courageous intentional work to embark on. An adventure with the Holy Spirit that is best done with the accompaniment of other faithful. For our candidates, they have had the ongoing personal support of their sponsor at every weekly class time as well as a friendship outside of class to be mentored and accompanied in the faith. In today's **Rite of Sending**, we ask our St. John's church community to join your prayers for our candidates. Later this afternoon, we'll gather at the Cathedral for the **Rite of Election** where we'll ask the entire Archdiocese to pray for all our Elect and candidates who will be celebrating the Sacraments during the Easter Vigil. It takes a community of prayer, accompaniment, and witness to bring about this work of spiritual purification and enlightenment.

As you enter this Lenten time of spiritual wrestling, don't do Lent alone. Amidst the temptations in the desert, Jesus was ministered to by angels. Our OCIA candidates have had sponsors. Find someone or a small group to accompany you as you enter into the dance of letting the Holy Spirit uncover then heal, bring out then strengthen. Let us pray for one another and anticipate a rejoicing at the end of these forty days with how the Holy Spirit will work in the dance of conversion in our lives.

In Christ,

Jill Fink



God has blessed us with another large OCIA group. Please pray for our 1 Elect and 14 Candidates as they prepare to receive the initiating sacraments at the Easter Vigil.

OCIA Process Diagram

Happening at St. John's

Intercessory Prayer Ministry

We often need prayer for family, faith, health, work, relationships, and other challenges in life. St. John the Baptist's **Intercessory Prayer Ministry (IPM)** teams provide monthly individual prayer ministry one weekend a month after the scheduled Mass times below. All is totally confidential.

Our next **Intercessory Prayer Ministry** will be:

Saturday, February 17, after the 4:30 Mass
Sunday, February 18, after the 8:30 Mass and
Sunday, February 18, after the 10:30 Mass.

"Therefore . . . pray for one another that you may be healed. The fervent prayer of a righteous person is very powerful."
~James 5:16,17

Council of Catholic Women

The February meeting of the St. John's Council of Catholic Women (CCW) will be held on Monday, February 19 from 2-3 pm in Saint Joseph Hall. This meeting time change is for this meeting only.

Questions? Please contact Theresa Cermak by email at theresacermak100@gmail.com or call 763-786-7051.

Healthcare Provider Hospitality



Join us for Healthcare Provider Hospitality following the 8:30 am Mass this weekend! Connect with others in the field, discuss current events in healthcare, and grab some Lenten materials. Find them just inside St. Joseph Hall.

Fridays in Lent

February 23 and March 1, 8, 15, & 22

5:30 pm ~ Mass

6:00 pm ~ Fish Fry or Soup Supper

7:00 pm ~ Stations of the Cross



(Fish Frys are on March 8 and 22)

Cana Dinner

FEBRUARY 17, 2024



Steve & Christy Broszko

The Sacrament of Matrimony: Recapturing the Good Wine



\$65/couple: Includes a catered dinner of your choice of pork tenderloin or walleye.

Register now with the QR code to reserve your spot!

Married and engaged couples, join us for a romantic evening to celebrate marriage. Happy Hour begins at 5:30 pm followed by a candlelit dinner, a witness talk from Steve and Christy Broszko and recall your marriage vows. The evening concludes at 9 pm.



Devoted

Devoted is back for 2024! Bring your own mug for hot chocolate and treats on February 21. We will dive into the Season of Lent together and enjoy discussion and prayer time! Father Jaspers will be our guest speaker for the evening. Join us in St. Joseph Hall at 8:00 pm for the program and 7:30 pm for extra social time.

Questions? Email Claire at brostromc@stjohnnyb.org.

devoted 🌿



Loyal | Faithful | True

Faithfully Fit

Come join fellow St. John parishioners for a gentle exercise program (includes warm-up, stretching, weights, mild aerobic and balance exercises), held on Wednesdays at 9:30 AM in Room 210. Exercise is followed by a devotion, health education tip, and fellowship. Grab those tennis shoes and let's start the new year with Faithfully Fit!



Happening at St. John's



Knights of
Columbus®
Council #14250

WAFFLE BREAKFAST

Join us on February 25
9:00 am - 12:00 pm

All you can eat: waffles, sausages, regular and sugar-free syrup, fruit for the waffles, orange juice, coffee, milk, and water. A gluten-free option is available on request. Come and enjoy some breakfast and some fellowship, and support the Knights!



Alive in the Word

Sister Clarinda's "Lent: Season of Transformation"

4 Lessons

"I invite you to journey together with me studying Sunday Scripture and Scripture-based Church Teachings"



- Classes are on Tuesdays 9:30-11:00 am
- First Class is on February 20, 2024
- Register Early Fee is \$10

Quilters Ministry

Meeting next: February 27

SJB Quilters will meet the 2nd and 4th Tuesdays of the month from 1 - 3 pm in Room 203 to make quilts that will be donated to the poor and needy. New members are always welcome.

Circle of Women



Thursday, February 29,

upstairs in Room 206/208 at 9:15 am-11:30 am

We welcome women of all ages to our gathering on Thursday, February 29, 2024. Our speaker will be former St. John's staff member Jessica Balzarini, who will present "Lent: A Time to Witness" Join us as we share our faith and time in prayer with one another. Childcare is available. Grab one of our brochures from the kiosks or watch your Flocknote for details.

Any questions? Call Michelle (763-442-4936). Hope to see you there!



Parish Library News

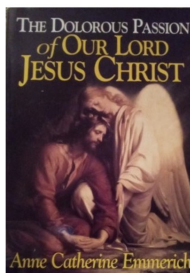
Experience **miraculous eyewitness accounts** of Jesus' life and passion in author Alan Ames' "Through the Eyes of Jesus", and Anne Catherine Emmerich's "The Dolorous Passion".

Visit our sections on Jesus, Prayer & Devotion, and Eucharistic Adoration to deepen your Lenten Journey.

The Library is open after all weekend Masses, across from the Archives case.

Books, DVDs, and CDs to enrich your faith.

Saint John the Baptist Parish Library



Join the Young Adult Community!!

If you are ages 18-35 and are interested in joining us for any events or programs, please sign the liability waiver for the year and you will be added to our email list! This is not a commitment to attend anything but will allow you to freely attend any events whether they are on or off site! How exciting! Sarah typically sends out a communication 1-2 times per month with different things that young adults may be interested in participating in! The waiver will last from May 2023 through May 2024. See the QR code:



Young Adult Men's Small Group

Sundays 4:30 pm—6:00 pm

Join the men's small group for the young adults of our parish! Meetings are at 4:30 pm before the 6:15 pm Mass. The time will shift when the Mass time shifts after Memorial Day.

Email Sarah at wilders@stjohnnyb.org to express interest.

ST. JOHN THE BAPTIST

Youth Ministry

CATHOLIC CHURCH AND SCHOOL

Register for Youth Ministry

Our insurance company wants liability waivers for all of our events, so we made one that will cover the whole year! Please register your son or daughter for youth ministry programming so that we can cover all of our bases! Use the QR codes to register.



High school QR code



Middle school QR code

9th-12th Grade Events and Programs

High School Discipleship Groups

10th-12th graders are invited to join a discipleship group. D-groups are composed of 4-8 teens with 1-2 adult leaders. They commit to being a disciple of Jesus and to walking together in that journey. D-groups meet on Wednesday from 8:00 pm—9:30 pm.

St. John Baptist
CATHOLIC CHURCH & SCHOOL

HIGH SCHOOL YOUTH EVENTS

FEB 14TH, 2024	ASH WEDNESDAY PRAISE AND WORSHIP 8-9:30PM
MAR 20TH, 2024	LENTEN PRAISE AND WORSHIP 7:30-9PM
APR 3RD, 2024	EASTER PRAISE AND WORSHIP 8-9:30PM
MAY 8TH, 2024	YOUTH GROUP VARIETY SHOW 8-9:30PM

wilders@stjohnnyb.org

Extreme Faith Camp

When: July 29-August 2, 2024

Where: Trinity Woods Camps in Trego, Wisconsin (formerly Heartwood Resort)

Who: Our parish community! Current 5th-8th graders attend as campers. Current 9th-12th graders attend as leaders. Adults participate as leaders and chaperones.

What: High adventure activities, lake time, Mass, prayer experiences, messages of God's love and so much more!

Cost for Middle School Campers:

- Before Feb 1 - \$525
- Before Mar 1 - \$550
- Before April 1 - \$575
- Before May 1 - \$600
- Before July 1 - \$625



Register your Middle School camper online by scanning the QR or by going to <https://stjohnnb.com/faith-formation/registrations/>.

6th-8th Grade Events and Programs

Wednesday Night Bible Study/Middle School Formation

Wednesdays from 6:00 pm-7:30 pm in the Youth Room

Over three years, students will develop a firm foundation of faith to carry with them into high school and beyond. 6th graders are studying the Old Testament. 7th and 8th graders are studying the life of Jesus through the gospels. The program features a weekly scripture study, prayer, and a competition for the kingdom cup.

Open Youth Room/Discipleship Groups

Tuesdays from 2:30 pm-4:00 pm in the Youth Room
All students in 6th-8th grade are invited to gather for time as a community, prayer lessons, faith discussions, snacks, and games. Every other week we will have discipleship groups which focus on growing together as disciples of Christ.

Middle School Youth Group

3rd Fridays from 7:00 pm-8:30 pm in the Youth Room
Once per month, our middle school community gathers for faith and fun. Our next MSYG is on Friday, March 15. We will spend part of the evening playing a large group game and part of the evening in prayer. All 6th-8th graders are invited to come!

Want to get on our email list?. Reach out to Sarah Wilder at wilders@stjohnnyb.org. We send out a weekly update on everything we have going on in St. John's Youth Ministry.

Adoration Chapel

The Adoration Chapel is open from 7:00 pm on Sunday, through 4:00 pm on Saturday. There are still open hours needing adorers. Please scan the QR to sign up or sign up in person at the Adoration Chapel check-in desk.

Open hours are:

Monday: 3 am, 9 am

Tuesday: 11 am, noon, Midnight

Wednesday: Noon, 4 pm, 10 pm, 11 pm

Thursday: 2 am

Friday: Noon, 1 pm, 6 pm

Saturday: 5 am, 9 am, 11 am, Noon

Sunday: Noon

Email sibadoration@gmail.com
with any questions



God is calling you; can you
spend an hour with Him?

Questions of the Week

First Reading: God used a rainbow as a sign of his covenant with Noah and all living creatures to never again flood the earth. Are there some additional signs in your life of God's love for us?

Second Reading: Peter taught that baptism serves as an appeal or pledge to God for a clear conscience. What leads you to an examination of conscience?

Gospel Reading: After a brief report of Jesus' temptation by Satan in the desert, we hear the first words of Jesus at the launch of his public ministry in Galilee: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel." As we begin the Lenten journey, what are some temptations you plan to face this Lent?

Readings For The Week

Sunday: Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 (see 10)/
1 Pt 3:18-22/Mk 1:12-15

Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/
Mt 25:31-46

Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/
Mt 6:7-15

Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/
Lk 11:29-32

Thursday: 1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6/Mt 16:13-19
Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/
Mt 5:20-26

Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/
Mt 5:43-48

Next Sunday: Gn 22:1-2, 9a, 10-13, 15-18/
Ps 116:10, 15, 16-17, 18-19 (116:9)/
Rom 8:31b-34/ Mk 9:2-10

St. John's Music at Mass Schedule

Saturday, February 17, 2024

Cantor and Organ at 4:30 pm Mass

Sunday, February 18, 2024

Contemporary Ensemble at 8:30 am and 10:30 am

Saturday, February 24, 2024

Cantor and Organ at 4:30 pm Mass

Sunday, February 25, 2024

Adult Choir and Organ at 8:30 am Mass

Children's Choir and Organ at 10:30 am Mass

Please Pray For...

Those who have entered eternal life:

Reverend Walter L. Sohack

Those who are ill:

Sadlovsky Family, Sheehan Family, Cameron Santos, Madi Rippey, Sydney Jo Rippey, Jesse McDonough, Daryl Stevens, Geraldine and Gloria Hangartner, Emily Dahl, Theresa People, Josephine Schmidt, Chris Natheos, Randy Vogland, Don Lumby, Alex Pearson, Thomas Jones, Fulton Francis Dobbs, Susan Welsh, Robert Cuddigan, Jenny Bruening, Annette Foreman, Mary Clare Farrell, Sawyer Anderson, Betsy Brown, Jim Smith, Jerry Renk, Dale Phillips, Dennis Fox, Kathleen Schopf, Steve Lauinger, Charlotte Thrun, Poppy Craft, Annette Kirwan, Emma Lutsilili, Beverly Aplikowski, Mary Gormally, Georgianna Warden, Mary Spitzka, Michael Ferdelman, Cassie Cramer, Jon Clark, Donna Yenish, John Leibrich, Nella Pitzen, Philip Jarosz, Kay and Gary Mayer, Elaine Loscheider, Danielle Pratt, Claire Kriz, Carol Esterley-Ruff, Joe Brownrigg, Brigit Voss, Brandon Boss, The Viker Family, Robert Lauinger, Phyllis Norbeck, Jennifer Norbeck, Joseph Wutsch, John Wiggins, Mary Jo Beaudry, Greg Najbert, Jacob Rivera, Jaxson Rivera, Cele Winter, Paul Jacobs, Jeremy Mainello, Deacon Rod and Susan Amos Palmer, Dottie Searles, Sylvia Meagher, Mary Andersohn, Kris Mellstrom, Kay Hildreth, Mary Erickson, Steve Johnson, Audrey Geneva, Tim Steffl, Braxton Battaglia, Helen Heinks, JoAnn Cedarholm, Tom Goebel, Engracia Houle, Jon Latham, Marlene Nickel, Christa Jones, Sue Klinkner, Larry Tenold, Sam Schullo, Carri Buckanogwa, Joe Brennan, Irene Tschida, Nancy Winiecki, Jean Schullo, Doug Lausen, Margaret Wright, Rebecca Valverde, Suzanne Loscheider, Oswald Tschida, Dave Tucci, Trudy Nimis, Joe Miskowic, George Huard, Dustin, Katie and Harper Boor, Don Grant, Marge McCann, Fr. Michael Skluzacek, Keira Friedman, Joan Geiger, Greg Windsterger, Jeannette Wyatt, Cindy Skenderovic, Mary Battmer, Marilyn Ward, John Klingler, Sarajo Groehler, Joan Cossack, Scott Nugent, Margot Favre, Larry Johnson, Shawn Oglesbee, Jaeden Nguyen, MaryAnne Marshik, Ethan Smith, Steve Lauinger, Stephanie Pommier, Lorene MacLean, Sharon Bowen, Jean and Jack Isacson, Sarah Miller, Larry Gillespie, Alice Mercord, Vicki Leier, Judith Hentss, Rita Amble, Barb Marti, Jean Isacson, Alfonso Perez, James Simmer Jr., Bud Handzel

Prayer Line 651-633-1618/651-247-4202 Call with your prayer requests. Requests are confidential.

Birthright Caring help for pregnant women.
651-646-7033 Saint Paul, 763-757-0715 Coon Rapids

Generous Spirit



ARCHDIOCESE OF
SAINT PAUL & MINNEAPOLIS
— CATHOLIC —
SERVICES APPEAL

Giving is *Faith in Action*



**Make your Safe, Easy & Secure Gift Online
by scanning the QR code.**

You can also access the donation page via: **Love.ArchSPM.org**



You may also mail your gift to: Archdiocese of St. Paul and Minneapolis, Catholic Services Appeal, PO Box 6488, Saint Paul, MN 55106, or drop your envelope in the collection basket at Mass.

Parish Life

Father Paul Paper Doll

Family Formation children are learning all about the Mass. They especially love dressing Father Paul in his red Pentecost vestments.

If your child would like a set please inquire in the pastoral suite.



Ice Fishing Trip

Last weekend Father Paul and several men from the parish had a fun ice fishing trip up north. They not only caught a lot of fish but also grew in fellowship with each other and in their relationship with God.



Catholic Fasting /Abstinence Rules

Catholics age 14 and older do not eat meat on Ash Wednesday and all Fridays during Lent, including Good Friday. Instead of meat many Catholics choose to eat fish - which is why many parishes around the country have fish fries on Fridays during Lent. These are a great opportunity for a parish community to come together to pray and fast.

On Ash Wednesday and Good Friday, Catholics age 18 to 59 also limit the amount of food they eat. Only one full meal, and two smaller meals that together do not equal a full meal, are eaten. The best rule of thumb is to make sure your meals are smaller than what you would eat on a normal day - and to avoid snacks. Exemption is allowed for pregnant women and those who need regular meals for medical reasons.



PRAYER

FASTING

ALMSGIVING

You may have heard the words "fasting" and "abstinence" used when talking about Lent. "Fasting" is the word used when the amount of food eaten is limited. "Abstinence" is when you completely give something up, like meat, for a set period of time. Both "fasting" and "abstinence" play an important role during Lent.

Consider Making a Retreat

Demontreville Jesuit Retreat House invites you to a men's three-day silent retreat on the beautiful grounds of Lake DeMontreville guided by the *Spiritual Exercises* of St. Ignatius. The retreat begins Thursday evening February 29, 2024, and ends Sunday evening, March 3, 2024. Questions? Call our office at 651-777-1311 or see our website www.demontrevilleretreat.com.

Vatican Synod Listening Sessions

As part of the ongoing Vatican Synod and to prepare for the 2024 gathering in Rome, all U.S. dioceses have been asked to host listening sessions this Lent. In our Archdiocese, Archbishop Bernard Hebda is hosting two virtual events where participants will gather in breakout groups and participate in "Conversations in the Spirit," as they were practiced by Vatican Synod delegates last October. Feedback provided by attendees in breakout groups will help inform a national report sent to Vatican Synod leaders.

Virtual Listening Sessions

Sunday, February 25, 2 – 3:30 p.m.

[Register here](https://archspm-org.zoom.us/join/register/tZUrcuqgrT0uGtQ4goP8LNpacL_30ajVQtwU): https://archspm-org.zoom.us/join/register/tZUrcuqgrT0uGtQ4goP8LNpacL_30ajVQtwU

Tuesday, February 27, 6:30 – 8 p.m.

[Register here](https://archspm-org.zoom.us/join/register/tZwpfuqtrzlRgtSAiOW8MD4VULfIRHcZhcke): <https://archspm-org.zoom.us/join/register/tZwpfuqtrzlRgtSAiOW8MD4VULfIRHcZhcke>

For more information, see the [Vatican website](http://www.synod.va/en.html) (www.synod.va/en.html) and the [USCCB website](http://www.usccb.org/synod) (www.usccb.org/synod).

Why do we do that?

Catholic Life Explained

Question: What do the colors of the priest's and deacon's vestments mean?

Answer: In the Roman Rite of the Catholic Church, the colors of the vestments evolved over the course of several centuries and there was wide variation both in the colors used, and in the feasts and seasons associated with particular colors. It was Pope Innocent III (d. 1216) who gave us the basic outline that was later prescribed by Pope Saint Pius V in 1570. The various colors remind us of the dominant themes of a particular season or celebration.

- **White:** Used for the seasons of Christmas and Easter and in celebrations of the Lord, of Mary, the angels, and saints who were not martyrs. This color is also used in Masses for the dead, at baptisms, weddings and other festive celebrations.
- **Red:** As the color of both blood and fire, red is used on Palm Sunday and Good Friday, as well as Pentecost and special celebrations of the Holy Spirit. Moreover, red is used on the feasts and memorials of the Apostles and those saints who died as martyrs.
- **Violet:** The color for Advent and Lent. Violet may also be used in Masses for the dead and on All Souls Day (November 2).
- **Green:** A color of life and hope, green is used throughout Ordinary Time.
- **Other colors:** Rose may be used on the Third Sunday of Advent and the Fourth Sunday of Lent, black may be used in Masses of the dead and on All Souls Day, gold or silver may be used on solemn occasions in place of white, red, or green.

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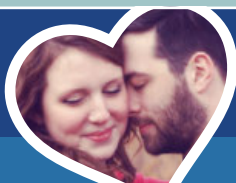
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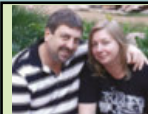


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